

GRIPLA HEALTH

Make hand training visible

Gripla records grip strength and shows the exercise in real time on a tablet.

Wireless sensor – Visual feedback – Saved sessions

Self-initiated concept project for a fictional MedTech company



• LIVE

18.4 kg

HOW IT WORKS

From exercise to follow-up



01

Connect the sensor

Lift Gripla from the dock and it connects to your tablet.



02

Do the prescribed exercise

Squeeze and follow the force live on screen.



03

See and follow training data

See your results live, while they're saved and shared with your physio.



FOR PHYSIOTHERAPY CLINICS

Progress you can measure



Objective data

Grip force measured in every session.



Motivated patients

Live feedback helps keep home training going.



Follow-up between visits

Follow each patient without extra appointments.

Self-initiated concept project for a fictional MedTech company